

Triumph PROGRAM DATES

Please indicate your choice of program date:

- Jan. 28 - Feb. 6, 2011 Aug. 5 - Aug. 14, 2011
 Apr. 8 - Apr. 17, 2011 Oct. 28 - Nov. 6, 2011
 REUNION: June 16-19, 2011
 CONTACT US TO REGISTER

Additional dates for Young Adults (ages 18-35):

- Nov. 12 - Nov. 21, 2010 Nov. 11 - Nov. 20, 2011

REGISTRATION

Rates

FULL 9-DAY PROGRAM

includes all program materials, meals and single-occupancy room

\$795 single
\$1390 couple

EARLY BIRD DISCOUNT:
Subtract \$50/person
if registering more than **one week** before the program start date.

Student Rate (for Young Adult program dates)

Special arrangements and pricing are available.

Priests / Clergy / Religious

Please contact us.

Registration prices are subject to change and include a \$50 non-refundable deposit.

Name: _____

Address: _____

City: _____

Prov.: _____ Postal Code: _____

Phone: (____) _____

Email: _____

keep me informed about upcoming events via email

Concerns/Special Needs/Allergies: _____

REFERENCE:

Who told you / How did you find out about this program: _____



triumph will:

- help you accept and deal with the difficulties experienced in your life.
- encourage you to come to recognition about your own woundedness and your need for God's healing work and the healing work of forgiveness in your life
- break the patterns of generational sin and begin to restore the family
- equip you with the tools to continue the healing in day to day living
- encourage you in making life-giving choices
- encourage and support personal conversion and the freedom for deeper personal relationship with God and others
- bring your feelings and emotions into balance and order—so that your feelings are a helpful part of you rather than being explosive or a hindrance—in order that you may function in a good, balanced, loving and caring manner



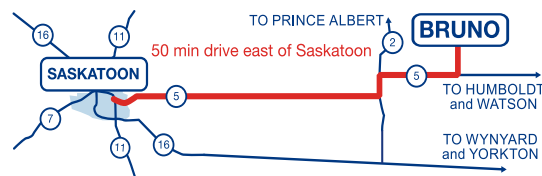
Results God Gives

ST. THERESE HEALING & GROWTH CENTRE

A Gentle & Powerful Life-Transforming Program



St. Therese Healing & Growth Centre



St. Therese in Bruno, Saskatchewan: a spiritual refuge in the heart of Canada's mid-west surrounded by the quiet beauty and majestic stillness of one of Saskatchewan's oldest evergreen woods. Come for the stillness; come for spiritual growth; come for God.

The Healing and Growth Centre is an integral part of St. Therese Institute of Faith and Mission. Find out more @ www.StTherese.ca

2011 PROGRAM DATES - choose from:

January 28 - February 6 August 5 - August 14
 April 8 - April 17 October 28 - November 6
 Reunion Weekend: June 16-19

ADDITIONAL DATES FOR YOUNG ADULTS (AGES 18-35):

Nov. 12 - Nov. 21, 2010 Nov. 11 - Nov. 20, 2011

Register by mail, phone or online! ✂

ST. THERESE

HEALING AND GROWTH CENTRE



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triumph is structured around facilitated sessions and daily opportunities for experiencing God's love through the Sacraments, Adoration, and both community and personal prayer time; Every aspect is rooted in Biblical and Tradition principles.



Gathered for Prayer in the St. Therese Chapel

**Ever feel that 'life' is not fulfilling?
Then triumph is for you!**

Many of us push through life searching for meaning – meaning we can genuinely rely on. We have emptiness within us that we try to fill with money, activity, success, work, travel and addictions of alcohol, sex, or drugs. Society tries to sell us their solution, which only carries us further into emptiness. We need to change our ways of thinking and acting. **The only way to make this change and fill this need is by strengthening our relationship with God.**

triumph is a 9-day facilitated journey of inner healing and spiritual growth, leading you deeper into a fulfilled, peaceful, Christ-centered life filled with joy. Registration for each 9-day session is limited so as to provide a peaceful, prayerful environment for the work of healing and transformation to begin in your life.



Jerry Kristian (retired businessman), Director, Healing and Growth Centre and triumph Program Leader

"God has a purpose for every person. With every step of healing, we realize more fully our purpose in life. With that realization comes a deeper joy and fullness of life promised by Christ."
triumph Program Manual, based on teachings of St. Thérèse of Lisieux

"I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live."
Deut 30:19

Satisfy that hunger within with what you are truly longing for!

God our Father does not want us to continue to go from a life of emptiness or one excess to another – but to bring balance to our lives. He wants us to be healed of the wounds that we have suffered from childhood and beyond, and any wrong patterns of thinking that we carry forward into our family, our children

and workplace. He wants to lead us into a new way of life through a path of repentance and forgiveness.

This new lease on life will teach us to love God, to love others and especially to love ourselves. It will help us to be more appreciative of the life which God has given us and get rid of that ache – that emptiness – within us. It will help us to learn who we really are, where we are really going, and to enjoy a better physical, emotional, and psychological life. **As a result, you'll experience better productivity at work, better marital relationships and a more fruitful family life.**

The bottom line – become better citizens, business professionals, managers, workers, husbands, wives, fathers, mothers, and children of God.

What Have Others Experienced?

"This is not a complicated program – it is a simple program that gently yet firmly encourages openness to God so that He can bring us the peace, joy and healing that He desires us to have. triumph is a safe process in a safe place that allows a person to let down the guard and begin to trust."
Jim, program participant

"A wonderful experience of healing past hurts I didn't even realize I had been carrying. I am full of love and joy and I am excited to go back home a better person all because of the love of Jesus Christ."
Michelle, program participant

"Through this program, I received the grace to experience in a profound way the triumph of the cross and resurrection of our Lord Jesus Christ. The Holy Spirit brought a deep healing to my mind, heart and spirit to know, believe and experience the love of God the Father."
Deacon M., program participant



Donna Kristian, triumph Program Leader



Carolyn Crittenden, triumph Team

Triumph over the struggles in your life.
Triumph with God's healing power.